



90KM RIDER GUIDE

Please read this document in its entirety.

Before you Arrive

CUE SHEETS/GPS FILES:

Cue sheets and GPS files are available on [Ride with GPS](#). Please download them before you come to Dogfish as there will be **limited cellphone service** at the brewery and throughout the route. Additionally, due to limited cell service, phones may die faster than normal. If possible, plan on bringing an **external battery charger**. Direct link here: <https://ridewithgps.com/routes/28301821>

PARKING:

Allow yourself extra time for parking in the morning. Please follow the directions of our parking staff as well as parking signs on roads leading to Dogfish Head. You will be entering Dogfish **via the Distribution entrance** off Cave Neck Road – NOT THROUGH THE MAIN DOGFISH ENTRANCE – see below. You can use [this pin](#) if you are unfamiliar with the area.





RIDER CHECK-IN & WAIVER RELEASE:

Saturday, October 20th:

90K Registration opens at 8:00 am.

Please note **Departure Time** -90K Riders depart as a group at 9:00 am.

At registration you will receive the following things:

- A colored wrist band - this is your food ticket. Do not lose it.
- Your Dogfish IPA ride hat (if you were one of the first 200 to register)
- Your Dogfish IPA ride socks (if you registered by August 1)
- Your Dogfish IPA ride water bottle

After you pick up your stuff, visit our sponsors at Gore to try a demo jacket for the ride. You **must return this jacket** upon your return to Dogfish.

WHAT YOUR REGISTRATION MEANS:

Through your registration fee, you are supporting 3 awesome Delaware bike non-profits. These include Urban Bike Project of Wilmington, Sussex Cyclists and Velo Amis. Any additional fundraising that you do on PledgeReg (open through November 1) helps Urban Bike Project go the extra mile... or should we say kilometer?

THANKS TO OUR SPONSORS:

Presenting Sponsor:

Bayhealth

Support & Swag Sponsors:

Stans No Tubes

Henry's Bicycle Shop

302 Bicycles

Wooden Wheels Service & Repair

Trek Bicycles of Newark, Delaware

Little Goat Coffee Roasting

Paul's Woodshop

Gore Wear

Hammer Nutrition

Sassy Cyclist

Kind Bars



The Ride

THE RULES:

*Please remember, this is a RIDE not a RACE. The **ROUTE IS NOT CLOSED TO TRAFFIC**. You must obey all Delaware traffic laws, including riding no more than two abreast, riding single file when a car is passing, and stopping at ALL traffic signs/signals. NO headphones please. Helmets are required. There are multiple major road crossings at Route 113 and Route 13. Please use caution for these crossings.

TURNS:

The course has many turns. We have marked every turn with colored arrows specific to the different routes, as shown below. If you don't see an arrow, that means you continue straight.

90K uses YELLOW ARROWS. Please note that the 120K route will use blue arrows and the 60K route will use purple.



AID STATIONS:

We will have fully stocked aid stations for each route. There will be water, Heed Energy drinks, bars, fruit, cookies, and all kinds of junk food available. Make sure that you take a few extra supplies to get you back to Dogfish Head Brewery. If you don't wish to carry these "supplies", bring a few \$\$ to stop somewhere on the route. Please note that each aid station will have a slightly different inventory.

90K Aid Stations:

Aid Station 1 -

24K (15 miles)

Aid Station 2 -

44K (27 miles)



MECHANICAL SUPPORT:

*SAG support on course is limited. If you run into trouble, we're there to help...when we can get to you! **Riders should bring along flat repair supplies as you would on any self-supported ride.** Should you need assistance during the route, please call any of the emergency numbers listed below.

MEDICAL ASSISTANCE:

In the event of a medical emergency of you or a fellow rider, please call 911.

The Party (we all know that's what you're coming for)

CHECK-IN & PRIZES:

We will have a check-in table staffed with lovely volunteers set up at the brewery upon your return. **YOU MUST check in** so that we know you have returned safely. We will have prizes courtesy of our sponsors that are randomly allocated while you are out on the ride - if you've won something, this is when you'll receive it. Make sure to show our sponsors some love on social media.

WHERE & WHEN?

We'll get the party going around 11:30 AM and it will end at 4 PM.

WHAT WILL BE THERE?

We will have live music from Roadblock Ron's Revue, food from Bethany Blues (including a vegetarian option), and of course, Dogfish Head beer. Non-alcoholic beverages will be available upon request. **DO NOT** bring outside beer or alcohol to this event.

BICYCLE STORAGE:

There is no secure location for bicycles during the post ride party. Please plan on securing your bicycle inside/to your personal vehicle **BEFORE** coming to the party.

CLEAN UP:

There are bathrooms, but **NO** showers available at Dogfish Head Brewery.



Additional Information

IN CASE OF EMERGENCY:

Important contact numbers include:

Lauri: (302) 757-2783

Kristine: (302) 489-9200

Matt: (610) 996-1536

Charlie: (610) 888-9634

WEATHER:

The primary goal of the Dogfish Head IPA Ride is to have a fun and safe event for everyone involved. We will ride rain or shine, and there is no rain date. In the event of severe weather, the Ride Director may delay, alter or cancel the ride. Should the weather take a turn for the worse during the ride, seek shelter immediately.

Notifications about weather conditions, event postponement, course adjustments and event cancellation will be communicated via the following channels: the official website (<https://www.dogfish.com/i-pedal-alot>), email notifications and Facebook.

THANK YOU!